

# Okeechobee County Schools

## Pre-K Breakfast

Jan 6, 2020

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Monday	Tuesday	Wednesday	Thursday	Friday
Jan - 6 NO SCHOOL TODAY	Jan - 7 Chick Chick Nug & Toast Apple Slices MILK 1% Lowfat	Jan - 8 Egg/Bacon/Chs on Biscuit Variety of Fruit Juice MILK 1% Lowfat	Jan - 9 French Toast with Sausage Link Variety of Fruit Juice MILK 1% Lowfat	Jan - 10 Cheerio's & Cheese Stick Variety of Fruit Cups MILK 1% Lowfat
Jan - 13 Biscuit Stick (PK) Peach Cup Variety of Fruit Juice MILK 1% Lowfat	Jan - 14 Sausage/Chs Brkfst Pizza Orange Smiles MILK 1% Lowfat	Jan - 15 Chicken Chunks & Biscuit Variety of Fruit Juice MILK 1% Lowfat	Jan - 16 Cinnamon Toast Crunch Bar Banana, Raw MILK 1% Lowfat	Jan - 17 Cheerio's & Cheese Stick Variety of Fruit Cups MILK 1% Lowfat
Jan - 20 HOLIDAY	Jan - 21 Chick Chick Nug & Toast Apple Slices MILK 1% Lowfat	Jan - 22 Egg/Bacon/Chs on Biscuit Variety of Fruit Juice MILK 1% Lowfat	Jan - 23 French Toast with Sausage Link Variety of Fruit Juice MILK 1% Lowfat	Jan - 24 Cheerio's & Cheese Stick Variety of Fruit Cups MILK 1% Lowfat
Jan - 27 Biscuit Stick (PK) Peach Cup Variety of Fruit Juice MILK 1% Lowfat	Jan - 28 Sausage/Chs Brkfst Pizza Orange Smiles MILK 1% Lowfat	Jan - 29 Chicken Chunks & Biscuit Variety of Fruit Juice MILK 1% Lowfat	Jan - 30 Cinnamon Toast Crunch Bar Banana, Raw MILK 1% Lowfat	Jan - 31 Cheerio's & Cheese Stick Variety of Fruit Cups MILK 1% Lowfat

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.